

<p><b>SIGNATURE BOX</b></p> <p><i>Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.</i></p> <p>2 lb. Top Sirloin Steaks (4 x 8 oz.)          1.5 lb. Boneless Pork Roast          2 lb. IQF Boneless/Skinless Chicken Breast          2 lb. Lasagna with Meat Sauce          1.5 lb. Fully Cooked Boneless Chicken Drumsticks          (Brand New Item! Exclusive to AFM - first time offered anywhere)          1 lb. Lean Ground Beef          1 lb. Frozen Baby Limas          1 lb. Frozen Green Beans          1 lb. Pasta          25 oz. Pasta Sauce          4 ct. Large Russet Baking Potatoes          32 oz. 2% Shelf Stable Milk Dozen Eggs          Dessert</p> <p style="text-align: right;"><b><u>\$30.00</u></b></p>	<p><b>SENIOR &amp; CONVENIENCE MEALS</b>  <b><i>For Seniors or People on the Go!</i></b>  <i>Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch &amp; two vegetables or fruit.</i></p> <p><b>Chicken Parmesan</b> with Brussels sprouts &amp; zucchini  <b>Charbroiled Beef Patty</b> with mashed potatoes, carrots &amp; corn blend  <b>Macaroni &amp; Beef</b> with noodles, carrots &amp; zucchini blend  <b>Lemon Pepper Fish</b> with rice, peas &amp; zucchini blend  <b>Mesquite Chicken</b> with rice, carrots &amp; green beans  <b>Spaghetti &amp; Meatballs</b> with corn, peas &amp; carrots  <b>Boneless Pork Patty</b> with roasted sweet potatoes, sugar snap peas &amp; broccoli/cauliflower  <b>Cheese Manicotti</b> with green beans, peas &amp; carrots  <b>Chicken &amp; Rice</b> with Mushroom Sauce, green beans, corn blend  <b>Macaroni &amp; Cheese</b> with broccoli &amp; lima beans  <b>Desserts:</b> Assorted Cookies, Strawberry Frozen Yogurt Cup, Pineapple Fruit Cup, Peach Fruit Cup, Orange Juice, Fruit Punch</p> <p style="text-align: right;"><b><u>\$28.00</u></b></p>	<p><b>5 LB. ALLERGEN-FREE FOOD BOX</b></p> <p><i>Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!</i></p> <p>1 lb. Breaded Chicken Fillet Patties          1 lb. Breaded Chicken Tenders          1 lb. Breaded Chicken Nuggets          1 lb. Breaded Steak Fingers          1 lb. Breaded Chicken Wings</p> <p><i>Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika.          Breading is pre-browned in Canola oil.</i></p> <p style="text-align: right;"><b><u>\$23.00</u></b></p> <p><b>6 LB. PREMIUM SEAFOOD VARIETY BOX</b></p> <p><i>Six pounds of the finest quality seafood assortment available.</i></p> <p>2 lbs. Alaskan Snow Crab Legs          1 lb. Large EZ Peel Shrimp          2 lbs. Oven Ready Popcorn Shrimp          1 lb. Stuffed Crab in Natural Shell (8 ct.)</p> <p style="text-align: right;"><b><u>\$35.00</u></b></p>
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\*\*\*Specials may be purchased with or without the purchase of a Standard Box above\*\*\*

**FEBRUARY SPECIAL #1**

**6.5 lb. Assorted Meat Grill Box \$23.00**

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 2 lb. Boneless Pork Chops (4 x 8 oz.)
- 1.5 lb. Lean Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Mild Italian Sausage Links with Cheese

**FEBRUARY SPECIAL #2**

**5 lb. Assorted Meat & Chicken Combo \$22.00**

- 1.5 lb. Kansas City Strips (2 x 12 oz.)
- 1.5 lb. Prime Rib Steak (2 x 12 oz.)
- 2 lb. Gourmet Flavored Boneless Chicken Breast Mesquite (4 x 4 oz.) & Lemon Herb (4 x 4 oz.)

**FEBRUARY SPECIAL #3**

**Stuffed Chicken Variety Pack \$18.00**

- 1.5 lb. Chicken Cordon Bleu (4 x 6 oz.)
- 1.5 lb. Broccoli & Cheese (4 x 6 oz.)
- 1.5 lb. Chicken Kiev (4 x 6 oz.)

**FEBRUARY SPECIAL #4**

**Super Value Fajita Kit (5+ lbs.) \$21.00**

- 2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
- 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
- 1 lb. Onions & Bell Peppers
- 20 ct. 8" Flour Tortillas

**FEBRUARY SPECIAL #5**

**Premium Fresh Fruit and Veggie Box \$22.00**

- 3 lbs. Tree-Ripened Oranges
- 2 lbs. Premium Red Delicious Apples
- 1 lb. New Crop Chilean Plums
- 4 Washington State Anjou Pears
- 4 Washington State Fuji Apples
- 4 Tree Ripened Tangerines
- 2 Tree Ripened Red Grapefruit
- 6 pack 1 oz. Boxes Premium Sun Dried Raisins
- 3 lbs. Premium Red A-Size Potatoes
- 2 lbs. Premium Yellow Onions
- 1 head Premium Leafy Green Cabbage
- 1 lb. Premium Whole-Peeled Baby Carrots
- 1 lb. Dried Pinto Beans
- AFM February 2010 Fruit and Veggie Recipe Sheet

Orders Due: **Tuesday, February 16, 2010**  
 Online Orders Due: **Thursday, February 18, 2010 by 1:00pm**  
 Distribution Day: **Saturday, February 27, 2010**  
 Pick up Time: **8:00 – 9:30 am**  
 (All unclaimed food will be donated at 10:00 am)

Can you or someone you know benefit by obtaining \$55 - \$80 (or MORE!) worth of good, nutritious food, for only  
**\$30.00 \* ?**

If so, then our **"Angel Food Ministries"**, one of the Outreach Programs of Maplewood Church of Christ is here to serve  
**YOU!**

Angel Food Ministry is designed to provide quality food at a low price to anyone that might benefit from such an  
 opportunity. Whether you are struggling nutritionally and/or just need to "SAVE MONEY"; or you know someone that is;  
 Angel Food Ministry is there to help give you "a hand up" in meeting such needs.

**HOW DOES IT WORK?**

**For \$30.00** (\* includes all applicable sales tax and administrative costs.), you can order a food box designed to feed a  
 family of four for a week. The food is not second-hand or out-of-date. It is excellent quality food from name brand and  
 well-known suppliers; and it would cost \$55-\$80 or more (plus tax), if purchased in your local grocery store.  
 Angel Food Ministries is a non-profit organization located in Monroe, Georgia, that orders, and distributes this food in  
 bulk to host sites (such as the **Maplewood Church of Christ**) in over 3,200 communities in 38 states and helps feed over  
 500,000 families a month. Each host site distributes this bulk food to local churches (also such as the  
**Maplewood Church of Christ**), outreach ministries and non-profit organizations, which then distribute these  
 items as food boxes for individual orders. Special food arrangements and volunteer help keep the costs very low.

**ANYONE CAN PURCHASE AN ANGEL FOOD MINISTRIES FOOD BOX - EVERYONE QUALIFIES**

**YES!**

There are no special qualifications, and no limits on the number of "Discount" food boxes that you can purchase.  
 You can purchase a "Discount" food box for yourself, for a friend, for a group, for a family you know is in need.  
**EVERYONE QUALIFIES!** This ministry is simply here to help you SAVE MONEY, and with nutritional needs.  
 Help us by telling your families, friends, neighbors and co-workers about this opportunity.

**\*\*\* THIS IS NOT A FUND RAISING PROJECT in any respect for the Maplewood Church of Christ. \*\*\***

Our ministry's main "mission" is SERVICE & OUTREACH through addressing the nutritional needs of the Sulphur and  
 surrounding communities. We also want you to know that the **Maplewood Church of Christ**, is a church body that cares;  
 that we are led by Jesus Christ and his example; and that we can, through our belief in Jesus Christ, be a source of  
 healing lives physically, emotionally, saving money, and most of all spiritually. We sincerely invite you to visit and worship  
 with us. We feel you will be closer to **GOD** each time you join us during these worship services.

SEE THIS MONTH'S MENU SELECTION ON THE OTHER SIDE !

If you are MAILING an order, It MUST BE RECEIVED BY TUESDAY, FEBRUARY 16, 2010.

OR; ORDER ON-LINE by 1:00pm on Thursday, February 18, 2010.

We NOW have a "DROP SLOT" in the Church Front Door for Hand Delivered Orders after the office has closed.

Matt McBride (625-4464) - or - Brian Spicer (625-5732) -or- Church office (625-5739)

Maplewood Church of Christ - 104 Beverly Place - Sulphur, La 70663

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**Please Make Checks Payable to: Maplewood Church of Christ**

(Please Print VERY CAREFULLY) Remember - Bring an Extra BOX!

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Payment Method:

\_\_\_ Cash \_\_\_ Check# \_\_\_\_\_ EBT (in Office) \_\_\_

**ALL ORDERS MUST BE IN THE CHURCH OFFICE BY:**

**Tuesday, February 16, 2010.**

REGULAR Food Box	\$30.00	_____	\$ _____
SENIOR Food Box	\$28.00	_____	\$ _____
Allergen-Free Box	\$23.00	_____	\$ _____
6 lb Seafood Pack	\$35.00	_____	\$ _____
Special #1 6.5 lb Assorted Meat Grill Box	\$23.00	_____	\$ _____
Special #2 5 lb Assorted Meat & Chicken Combo	\$22.00	_____	\$ _____
Special #3 Stuffed Chicken Variety Pack	\$18.00	_____	\$ _____
Special #4 Super Value Fajita Kit (5+lbs)	\$21.00	_____	\$ _____
Special #5 Premium Fresh Fruit and Veggie Box	\$22.00	_____	\$ _____
<b>Order Pick-up is on 2/27/10 - ORDER TOTAL \$ _____</b>			